



Sexual Assault on
College Campus

**Michigan
Statistics**

**University of Michigan
2015 Campus Climate
Survey Results:**

In the past year:

11.4% of U-M students experienced some form of nonconsensual sexual behavior—including 22.5% of undergraduate females and 6.8% of undergraduate males.²



Female students were **8x** more likely than males to report nonconsensual sexual penetration.²



U-M Campus Climate Survey results align with prevalence rates found among colleges across the country.³

Data Sources:

1. Krebs CP, Lindquist CH, Warner TD, Fisher BS, Martin SL. College women's experiences with physically forced, alcohol- or other drug-enabled, and drug-facilitated sexual assault before and since entering college. *Journal of American College Health*. 2009;57(6):639-649.
2. University of Michigan. Results of 2015 university of Michigan campus climate survey on sexual misconduct. 2015.
3. Fedina L, Holmes JL, Backes BL. Campus sexual assault: A systematic review of prevalence research from 2000 to 2015. *Trauma Violence Abuse*. 2016.

Relationship Remix

What Is the Problem?

United States statistics:

- In a random sample of 5,446 undergraduate females, 19% of women reported some type of attempted or completed sexual assault since entering college.¹

What Is One Solution?

Relationship Remix is a program designed to teach first-year college students about consent, communication, decision-making, sexual health, and healthy relationships. Based on the Self Determination and Belief Systems Theories, Relationship Remix is an upstream approach to preventing and reducing sexual assault and violence on college campus. It has been implemented on the University of Michigan campus since 2011.^{a,b}

Program Components

Created by the Sexual Assault Prevention and Awareness Center (SAPAC), the University Health Service's sexual education group, Sexperteam, and University Housing, the program is a 90-minute workshop and consists of interactive modules developed to encourage student discussion. The program includes various activities where students learn to identify their core values, brainstorm what they *do* and *don't* want in a relationship and/or partner, role-play scenarios, and practice declining a romantic invitation from a partner.^{a,b}

Evaluation

Pre- and post-program surveys were conducted to evaluate the immediate impact of Relationship Remix on the knowledge and attitudes of first-year college students that attended the program in the fall 2015 semester at the University of Michigan. The web-based, self-administered surveys occurred immediately before and after students attended; a total of 2,305 students provided data that was linked between pre- and post- surveys.^c

Evidence of Effectiveness

- From pre- to post-program surveys, students showed meaningful changes in knowledge and confidence related to program content.^c
- Relationship Remix provided information about campus resources for sexual assault prevention and response—98% of students who were not aware of these resources at the pre-program survey reported understanding them at the post-program survey.^c
- In the post-program survey, students improved in their abilities to define consent and sexual assault, and increased in confidence related to communication in relationships.^c

References

- a. Let's talk about sex... and relationships. Sex Lab Blog of the University of Michigan Center for Sexuality and Health Disparities website. <https://umsexlab.wordpress.com/2013/02/09/lets-talk-about-sex-and-relationships/>. Updated February 9, 2013.
- b. Daoud K. Relationship remix: Workshops on relationships, sex, and choice. University of Michigan Sexual Assault Prevention and Awareness Center website. <https://sapac.umich.edu/article/relationship-remix-workshops-relationships-sex-and>.
- c. Bonar EE, Rider-Milkovich HM, Huhman AK, et al. Initial evaluation of a campus sexual assault prevention program for first-year college students.