



February 2017

INJURY SPOTLIGHT

Prescription Drug Overdose

The U-M Injury Center produces injury topic spotlights that include information about a Center member working on the injury topic, links to local and national resources, and an educational material on the topic (e.g., fact sheet, publication brief, issues & solutions sheet).

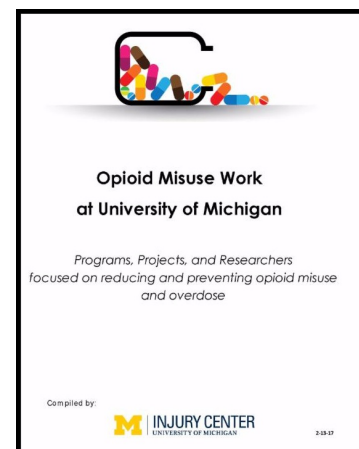
OPIOID MISUSE WORK AT U-M

U-M Injury Center Releases Summary Document about Opioid Misuse Work at University of Michigan

In response to the national opioid overdose epidemic, the University of Michigan Injury Center has released a comprehensive new resource highlighting the research, researchers, and programs focused on reducing and preventing opioid misuse and overdose currently underway at the University of Michigan. The work, programs, and people highlighted hail from all across the university in departments ranging from anesthesiology to psychiatry.

The document, which will be frequently updated, is intended to help those seeking to identify the plethora of resources currently focused on this public health issue. Please watch for updates for the formatting and accessibility of this document.

[Click here](#) to access and download the full document.



Included in the document are listings of researchers, research projects, recent publications, opioid-related centers, policy work, outreach programs, and clinical committees.

INJURY PREVENTION EXPERT

MEMBER HIGHLIGHT: Jennifer F. Waljee, MD, MPH, MS

Jennifer Waljee, MD serves as an Assistant Professor in the Section of Plastic and Reconstructive Surgery at the University of Michigan School of Medicine.

Dr. Waljee's research interests include the development and implementation of patient-reported outcomes as quality measures and understanding variations in care in reconstructive and hand surgery.



Dr. Jennifer Waljee

Currently, Dr. Waljee is the Principal Investigator of a pilot study funded by the University of Michigan Injury Center. The overarching purpose of this study is to generate robust pilot data toward a future R01-level proposal that will implement a multifaceted intervention to reduce excess prescription opioids in the community.

[View](#) Dr. Waljee's full member highlight to learn more about her current research.

RESOURCES

Michigan

[Michigan Prescription Drug and Opioid Abuse Task Force](#): Governor Rick Snyder developed a task force in June 2015 to address the complexity of prescription drug and opioid abuse in Michigan. In this report, the Michigan Prescription Drug and Opioid Abuse Task Force lists recommendations on how to improve prevention, treatment, regulation, policy, and enforcement efforts.

[Medication Assisted Treatment Guidelines for Opioid Use Disorders](#): This resource shares current evidence-based guidelines for policy makers, administrators, managers, clinical leaders, and health care workers to utilize when treating opioid use disorders. This document also discusses suggestions for enhanced treatment, safety, efficacy, and payment processes for opioid use disorder treatment.

National

[CDC Guideline for Prescribing Opioids for Chronic Pain](#): This guideline provides recommendations for primary care clinicians who are prescribing opioids for chronic pain outside of active cancer treatment, palliative care, and end of life care. The guideline addresses: 1) when to initiate or continue opioids, 2) selection, dosage, duration, follow-up, and discontinuation, and 3) assessing risk and addressing harms.

[CDC's New Opioid Guide App](#): The CDC developed a free mobile app to encourage safer, more effective chronic pain management. The app includes the following features: 1) MME calculator, 2) prescribing guidance, and 3) interactive Motivational Interviewing (MI).

[Economic Burden of Prescription Opioid Overdose, Abuse, and Dependence](#): This article presents estimates on the prevalence of prescription opioid abuse and dependence in 2013, as well as annual health insurance costs related to the misuse of opioid prescriptions. Most importantly, it reports the societal costs of prescription opioid abuse, dependence, and fatal overdose, especially on federal, state, and local government.

[Facing Addiction in America -- The Surgeon General's Report on Alcohol, Drugs, and Health](#): This first ever Surgeon General's Report on Alcohol, Drugs, and Health brings a comprehensive approach to understanding and addressing substance use, misuse problems, and substance use disorders. It also offers tools, resources, and call-to-action recommendations to assist policymakers, health care professionals, and the general public in reducing the consequences of this public health crisis.

[SAMHSA Prescription Drugs Brochure](#): This resource debunks myths on prescription drug abuse and provides information on the serious health consequences of misusing prescription medicine. It includes tips for youth on how to identify prescription drug abuse, as well as ways to seek professional support for friends and/or themselves.

[SAMHSA Prescription Drug Misuse and Abuse Publications and Resources](#): This webpage highlights pertinent SAMHSA publications, national strategies and initiatives, and evidence-based or best practices for preventing and addressing prescription drug misuse and abuse. Other resources include webinars, technical assistance and training opportunities, and external guides and briefs on responding to the prescription drug misuse and abuse epidemic.

[Medication Assisted Treatment - Prescription Drug and Opioid Addiction \(MAT-PDOA\) Program](#): This fact sheet gives an overview of SAMHSA's grant program, providing states facing high rates of prescription drug and opioid addiction with funding to expand their behavioral health service systems. The MAT-PDOA program's support also allows states to deliver accessible, effective, comprehensive, coordinated, and evidenced based MAT and recovery services.

Questions or Comments?

Email us at UMInjuryCenter@umich.edu or call 734-232-2105.

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