For the month of December, the University of Michigan Injury Center is focusing on the prevention of prescription drug misuse.

According to the Centers for Disease Control and Prevention, every day, 44 people die from overdose of prescription opioids. Since 1999, prescription opioid sales have grown by 300%, yet there has been no change in the amount of pain Americans
To gain a better understanding of what is known and what we have yet to learn about prescription drug overdose, the U-M Injury Center held a summit on the topic of opioid overdose on December 1st. The event featured speakers from University of Michigan as well as speakers from across the U.S.

Visit our website, Slideshare page, and YouTube channel to view recordings of speaker presentations, slides, poster abstracts, and pictures from the summit. Stay tuned for more post-event resources.

References:

Dr. Bohnert is an assistant professor in the Department of Psychiatry at the University of Michigan and a research investigator in the Department of Veterans' Affairs, National Serious Mental Illness Treatment Resource and Evaluation (SMITREC), at the HSR&D Center of Excellence in Ann Arbor, MI.

Dr. Bohnert’s research interests include brief interventions related to prescription drug use and overdose prevention, use of longitudinal and patient care data sets for clinical epidemiology research and mortality among substance users, specifically fatal drug and medication overdoses.

Click here to view her full member highlight on the U-M Injury Center website.

**State & National Resources: Prescription Drug Misuse**

**Michigan**

- Michigan Prescription Drug and Opioid Abuse Task Force's Report of Findings and Recommendations for Action. Members of the MI Prescription Drug and Opioid Abuse Task Force provide background on the issue as well as recommendations on how best to address this growing epidemic. Recommendations include prevention, treatment, regulation, policy and outcomes and enforcement.
  - Infographic -- Michigan's Growing Drug and Opioid Abuse Problem by the Numbers.

- University of Michigan Injury Center -- Prescription Drug Overdose Resources. The U-M Injury Center does considerable work in the emerging field of prescription drug overdose -- particularly opioid misuse. View this page for links to publications, research projects, resources, and members doing work or interested in this area.
  - Fact Sheet -- Opioid Abuse in Michigan. This fact sheet provides statistics on prescription opioid use in MI and current strategies for combating opioid abuse in addition to opportunities to expand on the current strategies in MI.
  - Opioid Overdose Summit (12/1/15). A day of science-based exploration and learning on an emerging public health issue: overdose injury and death related to...
National

- **New CDC Opioid Prescribing Guidelines -- Improving the Way Opioids Are Prescribed for Safer Chronic Pain Treatment.** This two-page fact sheet provides information on the release of new CDC opioid prescribing guidelines for chronic pain and it captures important national statistics on this growing epidemic.
  - CDC's draft *Guideline for Prescribing Opioids for Chronic Pain, 2016* is now available on [Regulations.gov](http://Regulations.gov) (docket #CDC-2015-0112) for public comment.

- **Prescription Drug Overdose -- Understanding the Epidemic.** The Centers for Disease Control and Prevention's National Center for Injury Prevention and Control provides an overview of prescription drug overdose for the public, health care providers, and states. Information includes national statistics, risk factors, state programs, state policies, PDMPs, publications, and more.

- **Johns Hopkins Report -- The Prescription Opioid Epidemic: An Evidence-Based Approach.** This report provides recommendations on prescribing guidelines, prescription drug monitoring programs, pharmacy benefit managers and pharmacies, engineering strategies, overdose education and naloxone distribution programs, addiction treatment and community-based prevention.

- **University of Michigan Injury Center Tools & Programs Database.** This database provides professionals and researchers with convenient access to evidence-based injury prevention programs, databases of evaluated programs and best-practice education materials. Click on the link above to find filtered results specifically on prescription drug overdose.

Questions or Comments?

Email us at [UMInjuryCenter@umich.edu](mailto:UMInjuryCenter@umich.edu) or call 734-232-2105

VISIT OUR WEBSITE